

2018 July SCDPAC Ballet Intensive-Advanced

Monday, 7/9

9-10:30 Ballet Tech -Sage

10:30-11:00 Pointe Sage

11-12 variations

12-12:30 Break

12:30-1 stretch/conditioning- Sage

Tuesday, 7/10

9-10:30 Ballet Tech-Michael (Focus Grand Pirouette)

10:30-11:30 Pas de Deux -Michael

11:30-12 break

12-1 Contemporary - Derek

Wednesday, 7/11

9-10:30 Ballet Tech -Sage

10:30-11:30 Pointe Sage

11:30-12:00 Break

12-1 Stretch/conditioning Sage

Thursday, 7/12

9-10:30 Ballet Tech - Kristine

10:30-11:00 Pointe - Kristine

11-12 variations

12-12:30 Break

12:30-1 Stretch/conditioning- combined-Kristine

Friday, 7/13

9-9:45 Ballet Barre - Michael

9:45-10:45 Pas de deux-Michael

10:45-11:30 contemporary –Derek

11:30-12 Break

12:00-1:00 In Studio Showcase-variations, presentations from areas of study-Michael/Kristine (combined)

